

GP chaplaincy for Listening and Wellbeing – a new service available to all patients at the Glebe surgery.

Chaplaincy is here for anybody who would appreciate a chance to talk about what is going on in their life. The GP chaplain sees those of all faiths or beliefs and none.

A chaplain is there to listen to your story, offering reflection and support. Chaplaincy recognises that our inner self affects our wellbeing in every aspect of our lives -physical, psychological, relationships, work, and decision making. A chaplain listens without judgement and respects your beliefs and experiences, allowing your unique story to be listened to. It can allow space to consider how you view your situation- what brings a sense of belonging, community, meaning and purpose and hope. If you would like, a chaplain can help explore your own spiritual journey and this might include an offer of prayer.

Chaplaincy is provided by Gill Lewis, who has recently retired as a Gp at the Glebe. She has retrained as a voluntary lay chaplain and is available for patients and staff at the Glebe. If you would like to speak to her just let a member of staff know and give them your contact details and Gill will ring or email you (whichever you prefer) to arrange a time to meet. We have a quiet room at the surgery where you can be seen.