

Chaplain for Listening and Wellbeing

providing

A listening ear and someone to be alongside you

- The chaplain is for everyone at the Glebe, of all faiths and beliefs or none
- Providing a space for you to discuss aspects of your wellbeing recognising that all areas of our lives are linked together
- Perhaps you are- coping with loss,
managing illness
needing strength for everyday life,
finding the pressures of life leaving you empty,
having to make a difficult decision
needing to find inner strength, hope and meaning
- The chaplain will listen without judgement and
with respect for your beliefs and experiences
offering confidential pastoral and spiritual care
allowing your unique story to be heard and valued

This may include:-

Discussing concerns and offering reflection and support
Exploring what brings a sense of belonging, meaning, purpose
faith and hope
Putting you in touch with other helpful agencies
If you would like, helping you develop your own spiritual journey which
might include the offer of prayer

How do I see a chaplain?

Chaplaincy is being provided by Gill Lewis, who retired as a GP from the practice in 2020 and has retrained as a voluntary lay chaplain. Please contact the surgery and leave your name and telephone number- Gill will then contact you to arrange the first appointment, which can last up to 45 minutes.

Further appointments can be arranged as necessary.

We may ask you to fill in a short questionnaire to evaluate the service but this is completely voluntary.