

# Healthcare Assistants

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Healthcare Assistants work under the guidance of a nurse or another healthcare professional. They help with routine health checks and provide patients with general health and wellbeing advice.

## They can help with:

- » Health checks, such as blood pressure monitoring or taking blood samples
- » Vaccinations and injections
- » Healthy living advice, e.g. stopping smoking and weight loss
- » Dressings and stitch removal



**Martin Ratcliffe,  
Healthcare Assistant**