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horsham district
wellbeing

Wellbeing Appointments

Free 1-2-1 support

Lucy is a trained Wellbeing Advisor who can offer guidance on a range of topics including weight management, getting active and nutrition.

Confidential
appointments available at:
The Glebe Surgery, Storrington



1.00 - 5.00pm
3rd Wednesday of each month

Contact us

01403 215111

Horsham.westsussexwellbeing.org.uk

info@horshamdistrictwellbeing.org.uk



Horsham
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Council

