



**St Barnabas House**  
(hospice care)

## Bereavement Café

Sharing your grief journey



**We recognise that grief touches us all uniquely. In these meetings you'll have space to share stories and forge friendships, helping each other to find comfort and hope.**

**We're running meetings in Storrington, find out more below. All meetings are free to attend, and open to anyone at any point of their bereavement journey.**

St Barnabas House Chaplain Sarah Bell, and volunteers, welcome you to a safe space where those navigating the complex world of bereavement can come together to connect, share and talk over a coffee.

**Where: The Hub, 7 The Square, Storrington, RH20 4DJ (next to Lloyds The Chemist )**

**When: 2.30pm-4pm**

- Saturday 3 August
- Saturday 17 August
- Saturday 31 August
- Saturday 14 September
- Saturday 28 September

**Details:** There is no need to book, you can just come on the day. We look forward to seeing you