



### **Chaplaincy Support At The Glebe Surgery**

This service provides support for patients in challenging times of their lives. This may be bereavement, relationship breakdown, loss of employment or struggles with health issues.

Support is provided for everyone of all faiths or none. Our physical, emotional, social and spiritual needs are important for our wellbeing. They can be affected when we go through difficult times. Chaplaincy support gives you time and space to reassess your situation, helps you to rediscover hope, a sense of belonging or meaning.

Chaplains are not counsellors, advisers or life coaches. He or she listens to your unique story with respect and sensitivity. The chaplain is there to offer confidential and non-judgmental support and may signpost you to relevant agencies or resources to help you. If you wish, spiritual support and prayer are also available to you.

### **Our Chaplain**

Bonnie Tse, a retired GP and community chaplain is here to support you



### **Accessing Chaplaincy Support**

Referrals are usually made by your doctor or someone in the primary care team. You can also ask to be seen by contacting the surgery. You will receive a telephone call or email from the chaplain offering you an appointment to be seen at the surgery.

Each session will last about 45minutes. A maximum of six sessions are available to you if required.

A letter explaining the service in more detail is available for your collection from reception. Alternatively, you can download a copy via the surgery website. Please take time to read and sign the letter and return it to the surgery either before or at your first session.