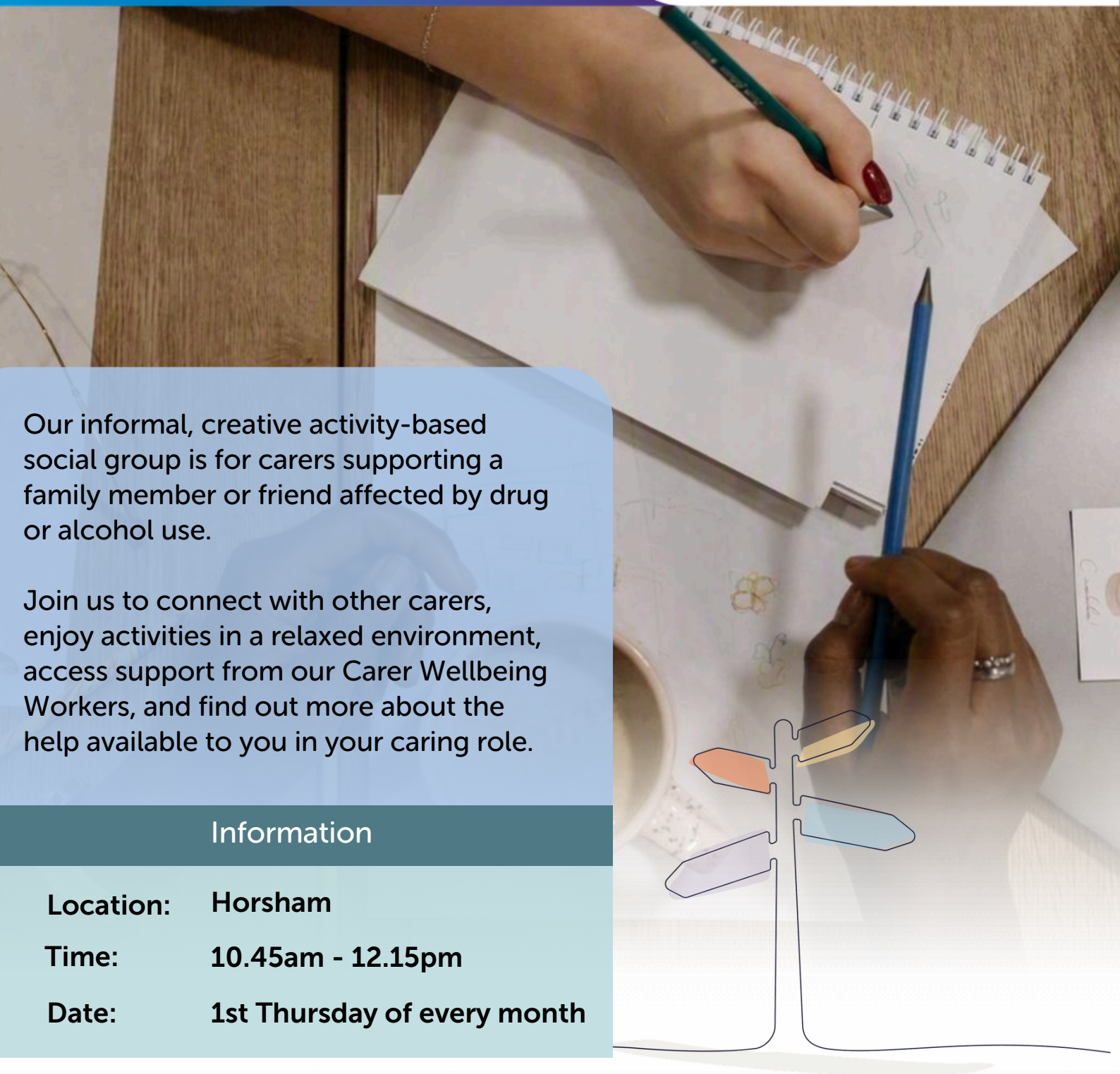
# DRUG AND ALCOHOL CARERS GROUP HORSHAM

Carers Support West Sussex
for family and friend carers



Our informal, creative activity-based social group is for carers supporting a family member or friend affected by drug or alcohol use.

Join us to connect with other carers, enjoy activities in a relaxed environment, access support from our Carer Wellbeing Workers, and find out more about the help available to you in your caring role.

## Information

**Location:** Horsham

**Time:** 10.45am - 12.15pm

**Date:** 1st Thursday of every month

## To find out more, get in touch using the contact details below or scan QR code :

Call **0300 028 8888**
Email **info@carerssupport.org.uk**
Visit **www.carerssupport.org.uk**

**Follow our social media channels to stay up to date with wellbeing information and groups:**

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