CARER CONNECT : GAMBLING – HORSHAM

Carers Support West Sussex
for family and friend carers

Our informal, activity-based social group is for carers supporting a family member or friend affected by gambling.

Join us to connect with other carers, enjoy activities in a relaxed environment, access support from our Carer Wellbeing Workers, and find out more about the help available to you in your caring role.



INFORMATION

TIME	DATE	LOCATION
1.00pm - 2.30pm	1st Thursday of every month	Horsham

To find out more, get in touch using the contact details below or scan QR code :

Call **0300 028 8888**
Email **info@carerssupport.org.uk**
Visit **www.carerssupport.org.uk**

Follow our social media channels to stay up to date with wellbeing information and groups:

facebook.com/CarersWSussex
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